

## ERHS Winter 2020 Activities Board Report

### 1. Adapted Floor Hockey

- Season record 7-1
- State Qualifiers, state tournament canceled due to COVID 19 school shut down

### 2. Girls Hockey

- All-State Academic: Abby Bierwerth
- All-Conference: Fiona Clagherty, Emerald Kelley, Lily Fetch
- Athena Award Winner: Fiona Clagherty

### 3. Boys Hockey

- Boys Hockey 13-11-1
- Records Set: Total Goals: 86, Average GPG: 3.44, PP Goals: 22, Sav%: .916, GAA: 2.34
- Goals in a Season: 31 - Assists in a Season: 34, Total Points: 45
- Tied most wins in a season (13) and longest winning streak (6 games).
- Awards:  
Finalist for Star Tribune Player of the Year: Marco Troje  
All-Conference: Jack Brown & Marco Troje  
All-Conference HM: Connor Dokken, Tanner Johnson & Blake Polifka  
Section 4AA Head Coach of the Year: Dustin Vogelgesang
- At one point we were 5-10-1 and won 8 of our last 9. In that span, we were 60% on the PP, 4 straight games with no PK goals against & 3 different goalies got at least 1 win.

### 4. Girls Basketball

- East Ridge Girls Basketball finished the season with an 18-11 overall record; 12-4 SEC record, which placed 3<sup>rd</sup> overall in the SEC!
- Earned a 2 Seed in the Section 4AAAA!
- ended 2-1 in Section Play!
- It was a tremendous accomplishment to make it to the Section Championship Game!
- East Ridge Girls Basketball has been in the Section Championship 3 of the last 5 years!
- Minnesota Girls Basketball Coaches Association Recognizes Seniors for Academic Excellence with GPA Above 3.8: Congratulations to Grace Bennett, Madi Slavin, Ella Stegeman.
- Kate Burns, Emily Christenson, Ella Stegeman were named SEC All Conference.
- Britt Carlson and Madi Slavin were named SEC Honorable Mention.

### 5. Boys Basketball

- **TEAM:**
- East Ridge Boys Basketball (23-6 Overall 17-1 in conference)
- **Suburban East Conference Champions**
- Section Runner-Up
- Ranked #7 in final AAAA rankings
- **INDIVIDUAL:**
- Senior Ben Carlson finished career with over 2000 Points and 1000 Rebounds. Mr. Basketball Finalist. 1<sup>st</sup> team all state, Conference MVP, Academic All-State
- Senior Brody Kriesel All Conference
- Sophomore Kendall Blue All Conference

### 6. Gymnastics

- **ERHS gymnastics Conference Champs**

- ERHS gymnastics Section Champs
- ERHS gymnastics place 4<sup>th</sup> at the state tournament
- Hailey Tretter (10<sup>th</sup> grade) placed 3<sup>rd</sup> on the beam

## 7. Boys Swim and Dive

- **State Qualifiers**

200 Medley Relay: Sven Becker, William Cho, Sebastian Watson, Brady Sulzbach

100 Fly: Sven Becker, William Cho

100 Back: Sven Becker

200 Free Relay: Sven Becker, Brady Sulzbach, Lucas Florczak, William Cho

- **State Placement**

Sven Becker 7<sup>th</sup> place both 100 fly and 100 back

## 8. Wrestling

- 5 students - Cael Viesselman, Jake Merchlewitz, Sam Tollison, Zach LaCore, and Riley Kane get academic all section
- Sam Tollison 182 and Ethan Pittman 170 State qualifiers for the 1<sup>st</sup> time!

## 9. Alpine Ski

- State Qualifiers - Emma Kate Koral and Alfonso Amores

## 10. Nordic Ski

- State Qualifier - Mary Kenney

## 11. Winter Dance

## 12. Comp Cheer

- National Qualifiers

## 13. One Act Play

- Qualified for the Semifinal performance

## 14. Band, Choir, Orchestra

## 15. Mock Trial

- Region 10 champs!
- Team qualified for their 1<sup>st</sup> state tournament appearance and placed 12 out of 16
- State participants - Laura DeMoya, Dani Bonifaz, Dipali Arora

## 16. Speech

- **TEAM ACCOMPLISHMENTS:**  
1st place at Chaska Invitational  
2nd place at Marshall Speech Spectacular  
3rd place at Apple Valley Invitational  
3rd place at Eastview Invitational  
Ranked 52nd out of 3,000+ schools in National Speech and Debate Association Honor Points (combined with Debate)  
**Suburban East Conference TEAM CHAMPIONS**
- 17 students qualified to National Individual Event Tournament of Champions (NIETOC): (The tournament was cancelled, but they still qualified.)
- 12 students named All-Conference:  
Carter Bannwarth and Sammy Trevis (Creative)  
Michael May (Discussion)  
Alli Colberg and Enya Brett (Extemp. Reading)  
Sam Padmanmabhan (Extemp. Speaking)  
Sammy Trevis, Elizabeth Avery, Natalie Engh (Humorous)

Holly Restad (Informative)

Cam Stevens (Poetry)

Lawson Sharrer (Storytelling)

- 8 students names Academic All-Americans by the NSDA:

Elizabeth Avery (12th)

Allison Benjamin (11th)

Natalie Engh (11th)

Meghan Horan (12th)

Michael May (12th)

Meaghen McManus (12th)

Holly Restad (11th)

Alexandra Smith (11th)

### 17. Debate

- Only *eight* students in our district qualify for Nationals, and of those eight slots, **SIX** were East Ridge students - Our team swept each chamber and East Ridge was named **District Champion!**
- **Clare McIntyre, Lan Do, Meaghen McManus, Sam Padmanabhan, Ali Smith, Emily Lawrence**

### 18. MSHSL Awards

- EXCEL Award Juniors – Caden Nienow and Allison Benjamin
- Triple A Award Seniors – Miles Sitcawich and Stephanie Bai
- Athena Award – Senior Female Athlete Fiona Clagherty

### 19. Building Wide Clubs

- Hmong Club – new this year, advisor Mee Yang outstanding involvement and commitment of the students involved
- Diversity Club – Winter African American Celebration February 19
- Raptor times – live announcements and video streaming club
- Science Olympiads and math team both qualified for state tournaments

**EAST RIDGE HIGH SCHOOL**

<b>*Boys Alpine Skiing</b>		<b>(Varsity, JV)</b>	
12 <sup>th</sup>	2		
11 <sup>th</sup>	7		
10 <sup>th</sup>	2		
9 <sup>th</sup>	5		
8 <sup>th</sup>	2		
7 <sup>th</sup>	0		
<b>Total:</b>	<b>18</b>	<i>Free - 0</i>	<i>Reduced - 0</i>
Last Year:	27		

<b>*Girls Alpine Skiing</b>		<b>(Varsity, JV)</b>	
12 <sup>th</sup>	0		
11 <sup>th</sup>	3		
10 <sup>th</sup>	8		
9 <sup>th</sup>	5		
8 <sup>th</sup>	1		
7 <sup>th</sup>	2		
<b>Total:</b>	<b>18</b>	<i>Free - 1</i>	<i>Reduced - 0</i>
Last year:	18		

<b>*Boys Basketball</b>		<b>(Varsity, JV, B 9th)</b>	
12 <sup>th</sup>	4		
11 <sup>th</sup>	9		
10 <sup>th</sup>	14		
9 <sup>th</sup>	21		
8 <sup>th</sup>	0		
7 <sup>th</sup>	0		
<b>Total:</b>	<b>48</b>	<i>Free - 7</i>	<i>Reduced - 3</i>
Last Year:	39		

<b>*Girls Basketball</b>		<b>(Varsity, JV, B 9th)</b>	
12 <sup>th</sup>	4		
11 <sup>th</sup>	6		
10 <sup>th</sup>	13		
9 <sup>th</sup>	13		
8 <sup>th</sup>	0		
7 <sup>th</sup>	0		
<b>Total:</b>	<b>36</b>	<i>Free - 4</i>	<i>Reduced - 0</i>
Last year:	37		

<b>*Boys Hockey</b>		<b>(Varsity, JV)</b>	
12 <sup>th</sup>	11		
11 <sup>th</sup>	12		
10 <sup>th</sup>	9		
9 <sup>th</sup>	5		
<b>Total:</b>	<b>37</b>	<i>Free - 2</i>	<i>Reduced - 0</i>
Last Year:	40		

<b>*Girls Hockey</b>		<b>(Varsity, JV)</b>	
12 <sup>th</sup>	5		
11 <sup>th</sup>	5		
10 <sup>th</sup>	7		
9 <sup>th</sup>	13		
8 <sup>th</sup> & 7 <sup>th</sup>	2		
<b>Total:</b>	<b>32</b>	<i>Free - 1</i>	<i>Reduced - 0</i>
Last year:	30		

<b>*Boys Nordic Ski</b>		<b>(Varsity, JV)</b>	
12 <sup>th</sup>	2		
11 <sup>th</sup>	2		
10 <sup>th</sup>	0		
8 <sup>th</sup> & 9 <sup>th</sup>	5		
<b>Total:</b>	<b>9</b>	<i>Free - 0</i>	<i>Reduced - 0</i>
Last Year:	16		

<b>*Girls Nordic Ski</b>		<b>(Varsity, JV)</b>	
12 <sup>th</sup>	2		
11 <sup>th</sup>	5		
10 <sup>th</sup>	4		
9 <sup>th</sup> & 8 <sup>th</sup>	3		
<b>Total:</b>	<b>14</b>	<i>Free - 0</i>	<i>Reduced - 0</i>
Last year:	17		

<b>*Boys Swimming and Diving</b>		<b>(Varsity, JV)</b>	
12 <sup>th</sup>	2		
11 <sup>th</sup>	4		
10 <sup>th</sup>	12		
9 <sup>th</sup>	6		
8 <sup>th</sup>	3		
7 <sup>th</sup>	1		
<b>Total:</b>	<b>28</b>	<i>Free - 0</i>	<i>Reduced - 0</i>
Last Year:	33		

<b>*Gymnastics</b>		<b>(Varsity, JV)</b>	
12 <sup>th</sup>	1		
11 <sup>th</sup>	2		
10 <sup>th</sup>	6		
9 <sup>th</sup>	6		
8 <sup>th</sup>	2		
7 <sup>th</sup>	1		
<b>Total:</b>	<b>18</b>	<i>Free - 2</i>	<i>Reduced - 0</i>
Last year:	16		

<b>*Wrestling</b>		<b>(Varsity, JV)</b>	
12 <sup>th</sup>	4		
11 <sup>th</sup>	3		
10 <sup>th</sup>	3		
9 <sup>th</sup>	13		
7/8 <sup>th</sup>	2		
<b>Total:</b>	<b>25</b>	<i>Free - 3</i>	<i>Reduced - 0</i>
Last Year:			

<b>*Cheerleading-Comp</b>			
12 <sup>th</sup>	8		
11 <sup>th</sup>	1		
10 <sup>th</sup>	9		
9 <sup>th</sup>	7		
8 <sup>th</sup> & 7 <sup>th</sup>	3		
<b>Total:</b>	<b>28</b>	<i>Free - 0</i>	<i>Reduced - 0</i>
Last year:	6		

<b>*One-Act Play</b>			
Male	4		
Female	14		
<b>Total:</b>	<b>18</b>		
Last Year:	19		

<b>*Dance</b>			
12 <sup>th</sup>	3		
11 <sup>th</sup>	2		
10 <sup>th</sup>	3		
9 <sup>th</sup>	5		
8 <sup>th</sup>	1		
7 <sup>th</sup>	1		
<b>Total:</b>	<b>15</b>	<i>Free - 1</i>	<i>Reduced - 0</i>
Last Year	18		

<b>*Speech</b>			
Male	25		
Female	37		
<b>Total:</b>	<b>62</b>		
Last Year:	68		

<b>*Cheerleading-Sideline</b>			
12 <sup>th</sup>	4		
11 <sup>th</sup>	0		
10 <sup>th</sup>	6		
7 <sup>th</sup> , 8 <sup>th</sup> & 9 <sup>th</sup>	2		
<b>Total:</b>	<b>12</b>	<i>Free - 0</i>	<i>Reduced - 0</i>
Last Year:	18		

		<b><u>Participation Rate</u></b>
TOTAL MALES	194/938	21%
TOTAL FEMALES	223/974	23%
TOTAL 2018-2019	417/1912	22%